

Do you know about this sensation?

A swimmer struggling through the angry waves is a familiar scene in the action movies. If you play such dynamic scene personally, how do you feel? Before you feel this, imagine that you are the swimmer planning to jump through the raging waves. Just before you dive into the rough sea, you may discover your adrenalin pumping. It gives you more energy and makes your heart beat faster than usual. Everybody gets nervous when there came a huge wave. In this manner, you must be too tense just before you feel this.

Once you plunge into the rough sea, your heart is beating up even faster than before, and the sweat in your two hands is starting to come out. Finally, when this kind of feeling approaches over the top, you feel that it could be excited or disappointed if you don't satisfy with. It often feels like electronic shock to your whole body from head to feet, even toenails. Having a little shaky, it makes our blood run cold. When we ride a roller coaster or Viking ship in amusement park, these things moves so fast as sailing across the sky. Our emotion also rolls badly as if our heart is falling down to the bottom of stomach. But, we enjoy this kind of feeling on purpose by doing dangerous things.

On the other hand, you should be careful before you do this kind of

something. Probably, you have to check your health condition. Heart attack would be caused by this. So everywhere we enjoy this kind of feeling, we can notice some warnings. It says “if you are pregnant woman, senior or having a heart problem, avoid this.”

If you want to experience much more, try to challenge to the toughest thing! If you do, you will catch your time that you’ve never had before.